



Acute Stroke Conference: Research and Improvement

A free one-day conference from West Midlands Stroke Research Network to report on the advances in stroke research, and how research is being put into practice in the NHS.

Friday, 22 January 2010
Aston Business School, Central Birmingham

The West Midlands Stroke Research Network operates as part of the NIHR Stroke Research Network in England. It is part of the National Institute for Health Research and forms part of the UK Clinical Research Network. The Networks support and deliver high quality clinical research studies.

The Stroke Research Networks

West Midlands Stroke Research Network and Birmingham and Sandwell Cardiac and Stroke Network operate as part of the NIHR Stroke Research Network in England. They are part of the National Institute for Health Research and forms part of the UK Clinical Research Network. The Networks support and deliver high quality clinical research studies.

The Networks are a proactive regional research resource which reach out to wider audiences - the whole aim being to make the research useful and accessible. Regular seminars and training sessions are held during the year throughout the West Midlands for medical professionals, wider health professionals and service users.

About the conference

This conference provides a unique opportunity for professionals, service users and the voluntary sector in the West Midlands to hear about research developments and how the NHS is using these developments in a practical way to aid stroke patients. This year, the conference will focus particularly on acute stroke care.

The day is free to all attendees - but you must book your place!

Workshop sessions run twice so that all delegates can attend two of the four options. You will need to choose which workshops you wish to attend on your booking form.

During the morning, The Holistic Health Team will provide taster sessions of complementary therapies, including head and neck massage, Shiatsu and hand and arm aromatherapy.

There will be an all-day coffee point where delegates can relax and chat if they would like a break from the conference sessions.

Refreshments and a seated two-course lunch will be provided.

The venue is accessible and disabled-friendly.

Who should attend

- Medical professionals who work with stroke patients
- Medical researchers with an interest in stroke and cardiovascular disease
- Stroke survivors and their carers
- Organisations specialising in health issues affecting stroke survivors
- Professionals who work with people who have had strokes - including physiotherapists, speech therapists
- Professional carers of stroke survivors
- Voluntary sector agencies which promote better health
- Agencies which raise the profile of Ethnic Minority health

Agenda (subject to change)

Free complementary therapy taster sessions from The Holistic Health Team are available between 10am and 1pm - book your session when you arrive on the day!

- 9.15 - 10.00 Registration and coffee
- 10.00 - 10.10 **Aims of the day**
Dr Christine Roffe, Clinical Lead, West Midlands Stroke Research Network
Dr David Sandler, Clinical Lead (Stroke) for Birmingham and Sandwell Cardiac and Stroke Network
- 10.10 - 10.25 **Acting FAST**
Julie Bush, Stroke Programme Manager, Birmingham and Sandwell Cardiac and Stroke Network
- 10.25 - 11.00 **Keynote speaker: Professor Philip Bath, Stroke Association Professor of Stroke Medicine, University of Nottingham**
- 11.00 - 11.25 Coffee
- 11.25 - 11.45 **A stroke survivor's story: Owen Wyn-Jones**
- 11.45 - 12.00 **Our plans for success**
Dr Kate Wilde, Manager, West Midlands Stroke Research Network
- 12.00 - 1.00 **Research update**
- **Thrombolysis: our service** - *Dr Don Sims*, Selly Oak Hospital, University Hospitals Birmingham Foundation NHS Trust
 - **SOS trial** - *Dr Christine Roffe*, Clinical Lead, West Midlands Stroke Research Network
 - **The results of CLOTs** - *Carol Williams*, Research Coordinator for CLOTs Trial, Edinburgh University
 - **Update on CLAHRC** - *Professor Richard McManus*, Department of Primary Care and General Practice, University of Birmingham
- 1.00 - 2.00 Lunch
- 2.00 - 2.45 **Workshops - session 1**
- **Involving Black and Minority Ethnic communities in research**
- *Jo McCormack*, Senior Research Facilitator, West Midlands Stroke Research Network
 - **Reading scans** - *Dr Elliot Epstein*, Consultant with special interest in elderly care, Walsall Hospitals NHS Trust
 - **Telemedicine: what's the future?** - *Eunice Foster*, Assistant Director, Shropshire and Staffordshire Cardiac Network
 - **TIA: the role of the GP** - *Professor Richard McManus*, Department of Primary Care and General Practice, University of Birmingham
- 2.45 - 3.00 Tea break
- 3.00 - 3.45 **Workshops - session 2**
- **Involving Black and Minority Ethnic communities in research**
- *Jo McCormack*
 - **Reading scans** - *Dr Elliot Epstein*
 - **Telemedicine: what's the future?** - *Eunice Foster*
 - **TIA: the role of the GP** - *Professor Richard McManus*
- 3.45 **Closing remarks**
Dr Peter Mayer, Chair of West Midlands Stroke Research Network

To book a place

The conference is completely free - but you must book a place. You can do this in two ways:

1. Complete the booking form attached and email it to ccclimited@aol.com
2. Print out the booking form and fax it to **0115 916 3106**
3. Book on-line at www.ccclimited.org.uk

Don't forget to tell us about any dietary or access requirements, and please let us know which workshops you would like to attend.

When we receive your booking form, we will email (or write to) you enclosing a letter confirming your place together with directions to the venue.

If you have any problems at all, just telephone Central Conference Consultants Ltd on 0115 916 3104.

The venue, rail station, car parking and directions

The conference takes place at Aston Business School, which is part of Aston University, and is located in central Birmingham.

The address is:

**Aston Business School
Aston University
Aston Triangle
Birmingham B4 7ET**

The venue is approximately 10 minutes (reasonably fast) walk from Birmingham New Street Station, or a short taxi ride.

We can arrange free parking right next to the conference venue for registered disabled drivers with a blue badge only. Other drivers will need to park in an NCP car park, Faraday Wharf, which is 5 minutes away, or at Millennium Point slightly further out. Both are marked on the location map we will send to you.